

Lokmangal College of Agricultural Biotechnology, Wadala

Guidelines: Mental Health Support & Crisis Intervention

Objective

To ensure a safe environment where students and staff have immediate access to life-saving mental health support and to comply with national safety mandates.

Referral Protocols

In the event of a mental health crisis or emergency, the following steps must be taken:

- **Step 1: Immediate Assessment** – Identify the level of risk. If there is an immediate threat of self-harm, do not leave the individual alone.
- **Step 2: Emergency Contact** – Contact the designated **Campus Wellness Officer** or the Head of Institution immediately.
- **Step 3: Referral to Services** –
 - **Medical:** Transport the individual to the nearest tied-up **Local Hospital**
 - **Professional:** Connect the individual with the on-campus or affiliated **Mental Health Professional**.
- **Step 4: Parent/Guardian Notification** – Notify the emergency contact person on file once the individual is under professional care.

Help Services

Display of Help Services

Location	Format	Responsibility
Hostels	Entry gates and floor lobbies	Warden
Classrooms	Beside the bulletin board	Faculty-in-Charge
Common Areas	Cafeteria, Library, and Gym	Librarian and Sports officer
Website	In Notice and Circular of College page lokmandalcolleges.org	Social media In-charge

Key Contacts

- **National Helpline (Tele-MANAS):** 14416 or 1-800-891-4416
- **Nearest Hospital Emergency:** 9730394040
- **Campus Counselor:** 8698444128
- **Local Police/Ambulance:** 100 / 108